Bike Chula Vista

Route Map & Information

BICYCLE FRIENDLY COMMUNITY

2014-2018

THE LEAGUE
OF AMERICAN BICYCLISTS

BRONZE

Chula Vista

0 1 Mile

Note: Bicycles will be allowed on SR125 shoulders south of Birch Road until another roadway crossing of Otay River is provided.

Note: Bike Path completion Jan. 2012

National City
San Diego
San Diego Bay
Imperial Beach
San Diego
Upper Otay Reservoir
Lower Otay Reservoir
Otay River

to Downtown San Diego
to Coronado
to Jamul
to Otay Mesa Boulevard

National City Blvd.
Highland Avenue
Sweetwater River
Bonita Rd.
Otay Lakes Rd.
Corral Canyon Rd.
Lane Ave.
Hunte Pkwy.
Eastlake Pkwy.
Otay Lakes Rd.
Paseo Ranchero
Telegraph Canyon Rd.
La Media Rd.
Olympic Pkwy.
Birch Rd.
East H St.
East J St.
C St.
E St.
F St.
G St.
H St.
J St.
L St.
Industrial Blvd.
Broadway
5th Ave.
4th Ave.
3rd Ave.
2nd Ave.
Naples St.
Palomar St.
Orange Ave.
Main St.
Hilltop Dr.
Melrose Ave.
Oleander Ave.
Brandywine Ave.
E. Palomar St.
Auto Park Way
Beyer Blvd.
Beyer Way

LANDMARKS

1. Living Coast Discovery Center
2. Civic Center / City Hall / Heritage Museum
3. Third Avenue Village
4. Bayfront/Marina
5. Sleep Train Amphitheatre
6. Aquatica, SeaWorld's Waterpark
7. Chula Vista Center (shopping)
8. Otay Ranch Town Center (shopping)
9. Southwestern College
10. U.S. Olympic Training Center

RECREATION CENTERS

1. Heritage Park & Center
2. Loma Verde Pool & Center
3. Montevalle Park & Center
4. Norman Park Center
5. Otay Recreation Center
6. Parkway Pool & Center
7. Salt Creek Park & Center
8. Veterans Park & Center

PUBLIC LIBRARIES

1. Civic Center Branch
2. South Chula Vista Branch
3. Otay Ranch Branch

BIKE SHOPS

1. Bicycle Warehouse
2. Chula Vista Bikes
3. Performance Bicycle Shop
4. Pulse Endurance Sports
5. REI Chula Vista
6. South Bay Bicycles, Inc.
7. Sports Authority
8. Trek Bicycle Superstore
9. Baja Bikes

PARKS (indicated with green background)

Updated 8/14

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NOTE: This map was accurate and up-to-date at the time of publication.

Bike Path/Trail:

On Map:

Separate right-of-way from motor vehicles. Connects open areas and parks. Trails may not be paved.

Used by/for: Kids, family recreation, adult exercise, skaters, joggers, walkers, and exercise walkers

Bike Lane

On Map:

Within vehicle right-of-way, but separated by signage and roadway striping. Vehicle speeds may be fairly high, but road width is adequate for vehicles and cyclists.

Used by/for: Adult recreation, commuters and serious cyclists

Bike Route

On Map:

Within vehicle right-of-way, but is typically identified by signage. Vehicle speeds are usually fairly low and the number of users is not likely to be significant.

Used by/for: Commuters and serious cyclists

Undesignated

On Map:

Within vehicle right-of-way with no identifying signage. Vehicle speeds are quite low and the number of users is not likely to be significant.

Used by/for: Kids, family recreation, commuters and serious cyclists

Bike Chula Vista

A Bicycle-Friendly Community

Bicycling is great for everyone — communities, businesses, schools, and people. It promotes active lifestyles, reduces traffic congestion, and improves air quality — and it's fun! Let's work toward a more bicycle-friendly city.

Every trip by bike is one less car on the road. It's healthier for you and the environment!

Safety Tips

- Always wear a helmet.
- Perform the ***"ABC Quick Check"*** before every ride (***A***ir in the tires, functioning ***B***rakes, a ***C***hain that shifts correctly and is properly lubed, ***quick*** releases tightened and a general ***check*** of the bike for loose parts).
- Keep your hands on the handlebars at all times.
- Wear proper attire for riding. If wearing pants, make sure to strap/fold the right pant leg.
- If riding at night, have proper reflectors, a headlight, and a tail light.
- Keep a safe distance from parked cars.

Rules of the Road (on your bike)

Ride on the right. Always ride WITH the flow of traffic and never against it.

Ride predictably. Follow the same rules motorists do, and ride in a straight line without swerving (unless avoiding an obstacle).

Obey traffic control devices (signs, signals, lane markings). Bicyclists must follow the rules of the road, too.

Enter streets and intersections cautiously. Check for oncoming traffic.

Protect your head. Always wear a helmet, even on a short trip. In an accident, a helmet can prevent serious injury to your brain.

Follow lane markings. Don't turn left from the right lane or ride straight through an intersection in a lane marked "Right Turn Only."

Ride correctly through intersections. Use the right-most lane that goes in your direction. If heading straight, get in the "thru" lane.

Signal before you move or stop. Hand signals let drivers and others know what you intend to do.

Ride defensively. Anticipate hazards and be ready to adjust your position in traffic.

Be visible and be seen. Wear bright colors to increase visibility and make eye contact with drivers.

Look behind you. Practice how to look over your shoulder and not swerve or lose balance. Rear-view mirrors are an option.

Shared Roadway Bicycle Marking (Sharrow)

A sharrow is used to assist bicyclists with positioning on a bike route and to remind motorists to share the road with cyclists.

Be Active, Get Involved

Whether you bike for health, recreation, competition, or transportation, we want you to become a member of Chula Vista's cycling community. Bicycling rewards riders with exercise, lower stress levels, increased connectivity in their neighborhood, and a smaller carbon footprint.

Join *Bike Walk Chula Vista* in advocating safe streets for cyclists and pedestrians. Visit their website at **www.bikewalkchulavista.org**.

Check out the *San Diego Bicycle Coalition* for ways to get involved in San Diego's biking movement and advocacy. Don't forget to check out their calendar of community events and bike rides! **www.sdcbc.org**

You can also learn more on how to promote cycling in your organization, business, and community by visiting the *League of American Bicyclists* website at **www.bikeleague.org**.

For more information about bicycling and other alternative transportation options in Chula Vista, visit ***www.chulavistaca.gov/clean*** or call (619) 409-3893.

Signaling:

Stopping or Slowing Down: Point LEFT arm down and slightly out to the side.

Left Turn: Extend LEFT arm straight out.

Right Turn: *Option 1:* Bend LEFT arm in 90º angle with hand up.

Option 2: Extend RIGHT arm straight out.

OUR SPONSORS

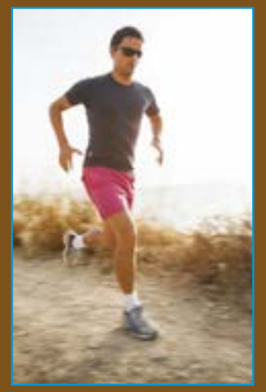
This map was originally funded through a grant from the National Association of Realtors in partnership with the Pacific Southwest Association of Realtors.

Pacific Southwest Association of REALTORS® Your LOCAL Voice

CVB Chula Vista Bicycles

South Bay Bicycles

LOCAL SHOPS FOR BIKES AND MORE



NOTE: See map on reverse side for locations

Baja Bikes
2801 Main Street
(619) 427-3627
Cycling retailer
- Service/Tune Ups
- Accessories
- Repair BMX and MTB
- Low Rider Accessories

Bicycle Warehouse
680 L Street
(619) 498-4900
Cycling retailer
- Accessories
- Bicycle Trade-ins

Chula Vista Bikes
895 Palomar Street
Suite E
(619) 423-1686
Cycling retailer
- Service/Repair
- Parts
- Bike Restoration
- Accessories/Apparel

Performance Bicycle
3901 Bonita Road
(619) 422-3098
Cycling retailer
- Accessories/Apparel
- Bicycle Trade-ins
- Service/Repair
- Parts

Pulse Endurance Sports
1020 Tierra Del Rey
Suite A2
(619) 656-5222
Professional bike and running specialty store
- Bikes & Accessories
- Running Shoes & Gear
- Bike Service/Pro Fitting

REI Chula Vista
Otay Ranch Town Center
2015 Birch Road,
Suite 150
(619) 591-4924
Outdoor recreational equipment
- Accessories/Apparel
- Classes
- Strollers/Bike Trailers

South Bay Bicycles
250 Third Avenue
(619) 477-1445
Recreational equipment
- Accessories/Apparel
- Service/Repair

Sports Authority
390 East H Street
(619) 476-7234
Recreational equipment
- Accessories
- Apparel

Trek Bicycle Superstore
901 Lane Avenue
(619) 216-9123
Bicycle superstore
- Accessories/Apparel
- Bicycle Trade-ins
- Service/Repair

CITY OF CHULA VISTA

This map is also available online at: www.chulavistaca.gov/goto/bikechulavista

For more info about this or other environmental programs, contact Conservation & Environmental Services at (619) 409-3893 or visit www.chulavistaca.gov/clean

Se hablan español.