



Notice is hereby given that the **Healthy Chula Vista Advisory Commission** of the City of Chula Vista has called and will convene a Special Meeting on **Thursday, June 14, 2016** in **Conference Room B111/112**, located at **276 Fourth Avenue, Building C**, Chula Vista, California to consider the item(s) on this agenda.

**SPECIAL MEETING OF THE HEALTHY CHULA VISTA ADVISORY COMMISSION  
OF THE CITY OF CHULA VISTA**

**Thursday, June 14, 2016  
4:00 p.m.**

**Conference Room B111/112  
276 Fourth Avenue, Building C  
Chula Vista 91910**

**CALL TO ORDER**

**ROLL CALL:** Commissioners Cruz, de Murguia, Martinez, Milburn, Partida-Lopez, Quiroz, Velo, Vice Chair Jimenez, and Chair Melgoza

**CONSENT CALENDAR**

*The Board/Commission will enact the Consent Calendar staff recommendations by one motion, without discussion, unless a Board/Commission Member, a member of the public, or staff requests that an item be removed for discussion. If you wish to speak on one of these items, please fill out a "Request to Speak" form and submit it to the Secretary prior to the meeting. Items pulled from the Consent Calendar will be discussed immediately following the Consent Calendar.*

1. APPROVAL OF MINUTES FROM May 12, 2016

Staff recommendation: Review Attachment 1 and approve minutes.

**PUBLIC COMMENTS**

*Persons speaking during Public Comments may address the Board/Commission on any subject matter within the Board/Commission's jurisdiction that is not listed as an item on the agenda. State law generally prohibits the Board/Commission from discussing or taking action on any issue not included on the agenda, but, if appropriate, the Board/Commission may schedule the topic for future discussion or refer the matter to staff. Comments are limited to three minutes.*

**ACTION ITEMS**

*The Item(s) listed in this section of the agenda will be considered individually by the Board/Commission and are expected to elicit discussion and deliberation. If you wish to speak on any item, please fill out a "Request to Speak" form and submit it to the Secretary prior to the meeting.*

2. CHULA VISTA CHRONIC DISEASE, BEHAVIORAL DATA & LIVEWELL PROGRAMS

County HHSA staff will provide a presentation on chronic disease rates, hospitalizations and other data related to the Chula Vista and provide program response through the County's LiveWell Initiative.

RECOMMENDED ACTION: None.

3. CHULA VISTA ELEMENTARY SCHOOL DISTRICT (CVESD) BODY MASS INDEX (“BMI”) STUDY & RESULTING INITIATIVES

CVESD Staff will provide a presentation on the study to identify the rate of overweight and obese children within district schools and initiatives that have been put into place to address the issue.

RECOMMENDED ACTION: None.

4. DISCUSSION OF ADJUSTING REGULAR MEETING START TIME & LOCATION

Staff will present the Commission with a resolution for consideration to adjust the regular meeting start time of 4:00 p.m and location.

RECOMMENDED ACTION: Commission discuss and consider adopting the Resolution.

**OTHER BUSINESS**

5. STAFF COMMENTS

- a. Age-Friendly Communities
- b. Sugar-Sweetened Beverages

6. CHAIR’S COMMENTS

7. COMMISSIONERS’/BOARD MEMBERS’ COMMENTS

**ADJOURNMENT** to a special meeting on Thursday, August 11, 2016, location and time TBD.

*Materials provided to the **Healthy Chula Vista Advisory Commission** related to any open-session item on this agenda are available for public review in the **Development Services Department**, Chula Vista during normal business hours.*

***In compliance with the  
AMERICANS WITH DISABILITIES ACT***

*The City of Chula Vista requests individuals who require special accommodations to access, attend, and/or participate in a City meeting, activity, or service, contact the Human Resources Department at (619) 691-5041 (California Relay Service is available for the hearing impaired by dialing 711) at least forty-eight hours in advance of the meeting.*

DRAFT MINUTES OF A REGULAR MEETING OF THE  
HEALTHY CHULA VISTA ADVISORY COMMISSION  
OF THE CITY OF CHULA VISTA

May 12, 2016

4:00 P.M.

A Regular Meeting of the Healthy Chula Vista Advisory Commission of the City of Chula Vista was called to order at 5:09 p.m. in CV Promise Parent Center Room 801, located at 25 Emerson Street, Chula Vista, CA

**ROLL CALL**

**PRESENT:** Commissioners Cruz, De Murguia, Jimenez, Milburn, Martinez, Velo and Chair Melgoza

**ABSENT:** Commissioners Partida-Lopez and Quiroz

**ALSO PRESENT:** Senior Project Coordinator Kurz

1. **APPROVAL OF MINUTES FROM April 14, 2016**  
Motion by Commissioner Cruz to approve the minutes  
Seconded by Commissioner Jimenez  
Motion passed 9-0

**PUBLIC COMMENTS**

There were none

**ACTION ITEMS**

1. **INTRODUCTIONS**

The Board and City Staff did self-introductions

Rachel Moreno, Community Engagement Director at South Bay Community Services gave an overview of the Promise Neighborhood programs which focus on 1) Academic Achievement 2) Attendance Issues and 2) Parent Engagement.

2. **A2016 BROWN ACT AND PARLIAMENTARY PROCEDURE**

Deputy City Attorney Simon Silva gave an overview on the Brown Act guidelines, its origin and purpose – which is basically to help keep the public informed through transparency. The public must be aware and noticed as to what the Board is doing, discussing and any decisions made. Also discussed were meeting procedures and what is allowed and not allowed.

There was a short break and the Commission continued with Item 5 – a “Time Specific” item set for 6:00 p.m.

3. **PROMISE NEIGHBORHOOD RESIDENT LEADERSHIP ACADEMY (RLA) PRESENTATION** (presented after the “time certain” item #5)

Two graduates of the Promise Neighborhood RLA provided the commission with a presentation on their goals for the Castle Park Neighborhood. They also asked for referrals so they can get their program out to the community. They can be reached at 619-422-5005. The resident leaders were recognized and complimented on their work in the community.

Stacey Kurz advised the RLA that the billboard at 3<sup>rd</sup> & Orange was available for another month and challenged the group to come up with some ideas for it.

4. DISCUSSION OF ADJUSTING REGULAR MEETING START TIME

This item was tabled to a future meeting.

5. REMOVING SUGAR-SWEETENED BEVERAGES FROM CHILDREN'S MEALS AS DEFAULT OPTIONS (**TIME CERTAIN START OF 6:00PM**)

A presentation was provided by Kanat Tibet from the California Center for Public Health Advocacy regarding an ordinance the City is considering to replace sugar-sweetened beverages as default options on children's meals with milk and/or water. He also showed a short video regarding sugar and how it affects the body with statistics about obesity and diabetes – especially in younger children.

The problem of milk allergies – lactose intolerance – was brought up and the Commission was advised that milk would be an alternative choice, not a required one.

RECOMMENDED ACTION: None

OTHER BUSINESS

6. STAFF COMMENTS

The "Age Friendly" city proposal was taken to Council and they approved it.

The County of San Diego is holding an Age Summit on June 15<sup>th</sup> from 9:00-3:00 at the Towne and Country Resort in Mission Valley with the guest speaker being Dick Van Dyke.

7. CHAIR'S COMMENTS

Mentioned the welcoming of the newest members and that the time change would be considered at the next meeting.

8. COMMISSIONERS'/BOARD MEMBERS' COMMENTS

ADJOURNMENT

Motion to adjourn made by Commissioner Cruz;

Seconded by Commissioner Milburn

Motion 9-0

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Stacey Kurz, Senior Project Coordinator