

South Bay Homeless Alliance Resource List

The City of Chula Vista neither sponsors nor endorses this information; it is provided by the City as a community service.

HOUSING

VIVIENDA

Alpha Project (619) 542-1877

South Bay Community Services

Domestic Violence and resources for youth and families with children

(619) 420-3620 <u>or</u> 1 (800) 640-2933

Interfaith Seasonal Shelter Networks (619) 702-5399

Safe Parking Program (858) 637-3373

Chula Vista Community Collaborative

Homeless family resources (619) 427-2119

MENTAL HEALTH

SALUD MENTAL

Mental Health America

Screening for prevention and early identification of mental illness

(619) 543-0412

National Alliance on Mental Illness (619) 543-1434

PUBLIC ASSISTANCE

ASISTENCIA PUBLICA

2-1-1 San Diego Resources and Information - 211

County HHSA

MediCal, CalFresh, CalWORKS, General Relief, etc.

(619) 409-3310

Community Through Hope

Clothing, Food, etc. **(619) 915-7256**

St. Rose of Lima

Food and Clothing on certain days (619) 427-7637

SELF HELP

AYUDA PROPIA

San Diego County Alcohol and Drug Services (619) 584-5007

Alcoholics Anonymous (619) 476-0288

Narcotics Anonymous (619) 584-1007

McAllister Institute

Substance use treatment and recovery services (619) 691-8164

PHYSICAL HEALTH SALUD FISICA

Family Health Center

Dental, Vision, Substance Use, etc. **(619) 515-2500**

Veterans Affairs Health (619) 400-5157

San Ysidro Health Center (619) 662-4100

La Maestra Community Health Centers

Dental, Medical, Family Practice, etc. **(619) 434-7308**

Samahan Health Centers

Pediatric, Dental, Women's Health (844) 200-2426

MISC.

Travelers Aid San Diego

Transportation resource for those stranded, fleeing an abusive situation, or without resources

(619) 295-8393

EMERGENCY ASSISTANCE

ASISTENCIA DE EMERGENCIA

For immediate emergency assistance dial 911

San Diego Access and Crisis Line (888) 724-7240

> Suicide Hotline (800) 273-8255

Courage to Call

Veteran Resource **1-877-698-7838**

CONTACT INFORMATION

INFORMACION DE CONTACTO

CVPD HOT Team (619) 691-5127 <u>or</u> (619) 409-1961

NCPD HOT Team (858) 868-1382 <u>or</u> (619) 724-0046

Alpha Project Outreach Team Chula Vista (619) 980-1638 or National City (619) 929-7289