



- Presentation will begin shortly
- Session will be recorded
- All attendees are muted
- Please be aware of Q&A at bottom of screen – ask your questions there
- We will address questions at various points in the session

www.chulavistaca.gov/clean



- **September 24:** Check It Out - Sustainability at the Library!



Quality Insulation Installation New Energy Efficiency Standards



Speakers

Russell King, M.E. is a professional Mechanical Engineer licensed in California, Nevada and Hawaii. Russ will discuss HERS requirements for QII and new code requirements. Russ is the Senior Director of Technical Services at CalCERTS, Inc., a California HERS Provider.

Rich Williams is Vice President at Alliance Green Builders (AGB). Rich will discuss air sealing strategies. His qualifications include General Contractor, Passive House Builder, LEED for Homes AP, and LEED New Construction AP.

Danny O'Connell is a full service Insulation Contractor in Southern California with Next Level Insulation. He specializes in alternative products such as spray applied cellulose, wool, and denim batt materials. Danny O'Connell has over 45 years in the insulation industry.

Where:

WebEx Event - Online

When:

September 22, 2020 12:00 pm to 1:00 pm

What:

- Explore common construction assemblies
- Identify best practices, pitfalls, and solutions
- Examine a series of common assembly displays

Follow link below to register:

[Registration](#)

The City of Chula Vista has offered energy efficiency trainings to engage contractors, applicants, and City staff since 2014

This will be the first webinar of a series of four for the year 2020

*This program is funded by California utility customers and administered by San Diego Gas & Electric® (SDG&E®) under the auspices of the California Public Utilities Commission.

www.chulavistaca.gov/clean



SUMMER SUSTAINABILITY SERIES

Food Waste Solutions at Home and Your Everyday Life

September 17, 2020



**All attendees are muted
Please type your questions in the question box**



Waste less, enjoy more: Easy Tips For Reducing Food Waste at Home



Chula Vista Sustainability Series Webinar | September 17, 2020

ABOUT OUR WORK

A man in a blue shirt is operating a green tractor in an orange grove. The tractor is viewed from behind, showing the steering wheel and engine. The grove is filled with lush green trees bearing ripe oranges. In the background, rolling green hills and mountains are visible under a clear sky.

OUR MISSION

To cultivate a
healthy, sustainable,
and just food system
in San Diego County

LET'S TALK TRASH

IN THE UNITED STATES, THIS IS OUR PIE CHART



LET'S TALK TRASH



PRODUCTION

15%



MANUFACTURING

2%



STORAGE &
DISTRIBUTION

13%



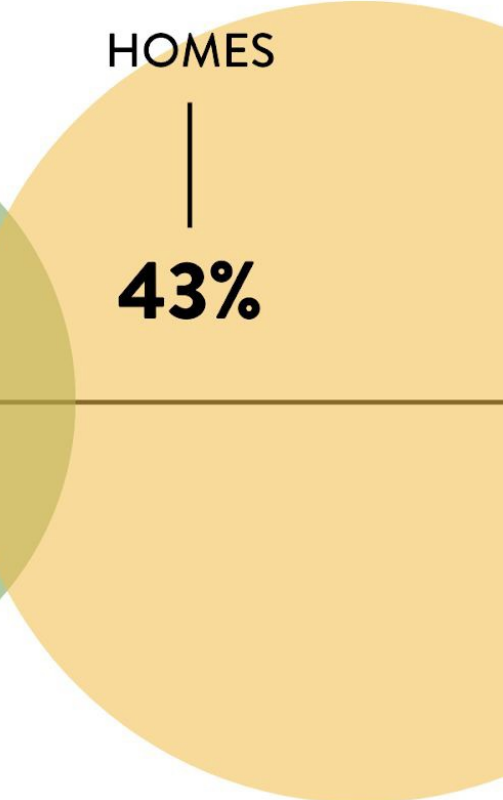
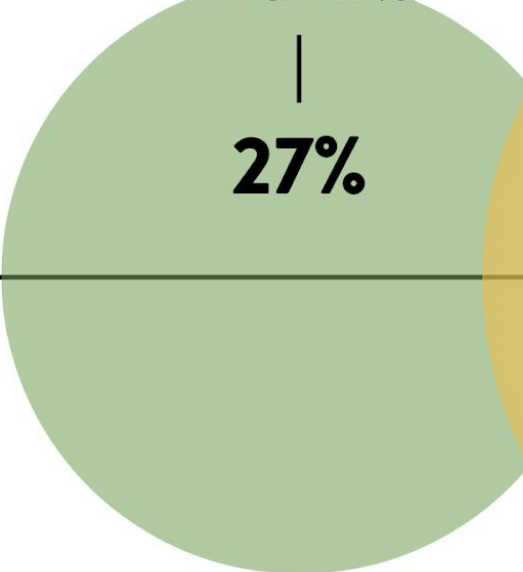
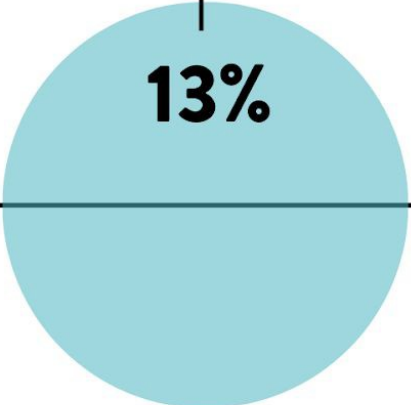
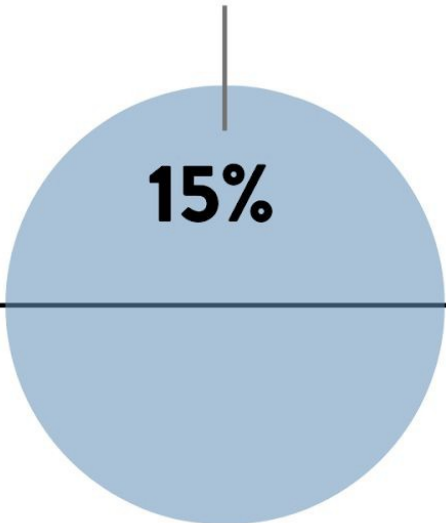
COMMERCIAL
KITCHENS

27%



HOMES

43%



Wasting food also means wasting the resources that went into producing that food



Economic Impact

- Financial costs on households and industry (\$218 Billion)



Environmental Impact

- Natural resource loss and climate change



Social Impact

- Food waste and food insecurity as co-existing issues



Food

- 1 - buy it with thought
- 2 - cook it with care
- 3 - serve just enough
- 4 - save what will keep
- 5 - eat what would spoil
- 6 - home-grown is best

don't waste it

COMMITTEE OF PUBLIC SAFETY, DEPARTMENT OF FOOD SUPPLY, SOUTH PENN SQUARE, PHILADELPHIA

- SMART SHOPPING
- ZERO WASTE COOKING
- MEAL PLANNING
- PROPER STORAGE

Poster originally published in 1917



save the food, san diego!

LIST IT, SAVE IT

Making a grocery list saves time, money, and food.



See zero waste tips ▶

SMART SHOPPING

1. Shop with recipes in mind
2. Eat before shopping
3. Support imperfection
4. Understand date labels



SELL BY 06/14/11
42 043 13:59

BETTER IF USED BY

USE OR FREEZE BY:
02/05/19

X126 OG BEST BEFORE
18JAN (2)





save the food, san diego!

GET MORE FROM YOUR PRODUCE

Use carrot tops,
herb stems, and
other scraps in
sauces or pestos.

See zero waste tips 

ZERO WASTE COOKING

1. Swap this for that
2. Repurpose leftovers
3. Revive limpy produce
4. Save the peels and scraps





save the food, san diego!



WANT TO MAXIMIZE SHELF LIFE?

Freeze produce,
cooked grains, and
leftovers.

See zero waste tips 

MEAL PLANNING

1. Use the freezer
2. Plan with recipes in mind
3. Eat me first
4. Eat the leftovers night





save the food, san diego!

TRYING TO MINIMIZE GROCERY TRIPS?

Learn smart food
storage techniques.



See zero waste tips 

PROPER STORAGE

Cilantro

Strawberries

Whole grain flours

Nuts

Apples

Butter

Milk

PROPER STORAGE



Strawberries

Whole grain flours

Nuts

Apples

Butter

Milk

PROPER STORAGE



Whole grain flours

Nuts

Apples

Butter

Milk

PROPER STORAGE



Nuts

Apples

Butter

Milk

PROPER STORAGE



Apples

Butter

Milk

PROPER STORAGE



Butter

Milk

PROPER STORAGE



In Da Fridge



Milk

PROPER STORAGE





**save the food,
san diego!**

Thank you!



www.SDFSA.org

@sdfoodsyst



Sarah Feteih

Program Coordinator

Wasted Food Prevention Program

sarah@sdfs.org



SUMMER SUSTAINABILITY SERIES

Questions?



- **September 24:** Check It Out - Sustainability at the Library!



Quality Insulation Installation New Energy Efficiency Standards



Speakers

Russell King, M.E. is a professional Mechanical Engineer licensed in California, Nevada and Hawaii. Russ will discuss HERS requirements for QII and new code requirements. Russ is the Senior Director of Technical Services at CalCERTS, Inc., a California HERS Provider.

Rich Williams is Vice President at Alliance Green Builders (AGB). Rich will discuss air sealing strategies. His qualifications include General Contractor, Passive House Builder, LEED for Homes AP, and LEED New Construction AP.

Danny O'Connell is a full service Insulation Contractor in Southern California with Next Level Insulation. He specializes in alternative products such as spray applied cellulose, wool, and denim batt materials. Danny O'Connell has over 45 years in the insulation industry.

Where:

WebEx Event - Online

When:

September 22, 2020 12:00 pm to 1:00 pm

What:

- Explore common construction assemblies
- Identify best practices, pitfalls, and solutions
- Examine a series of common assembly displays

Follow link below to register:

[Registration](#)

The City of Chula Vista has offered energy efficiency trainings to engage contractors, applicants, and City staff since 2014

This will be the first webinar of a series of four for the year 2020

*This program is funded by California utility customers and administered by San Diego Gas & Electric® (SDG&E®) under the auspices of the California Public Utilities Commission.

www.chulavistaca.gov/clean