



City of Chula Vista Fats, Oils, and Grease (FOG) Control Program

As part of the City's efforts to maintain the sewer lines clear of blockages, it has developed the FOG Control Program to reduce the discharge of fats, oils and grease (FOG) to the sewer system.

FOG buildup in the sewer lines restrict flow in the pipes causing sewage to overflow into the environment.

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CITY OF CHULA VISTA

WASTEWATER ENGINEERING FOG CONTROL PROGRAM

**Best Management Practices
(BMPs) & Spill Response
Procedures for Food
Establishments**



What is FOG?

FOG refers to Fats, Oils and Grease originating in most kitchens, restaurants and food service establishments as a byproduct of cooking. FOG is usually found in cooking oil, butter, margarine, lard, meats, dairy products, deep-fried dishes, etc.

What are Best Management Practices?

Best Management Practices (BMPs) are activities and procedures that all food establishments must follow to prevent or reduce the introduction of FOG (Fats, Oils and Grease) in the sewer system.



What are some of the BMPs that I can Implement in my Business?

- Routinely train all staff on BMPs.
- Post “No Grease” signs above sinks and on the front of dishwashers.
- Collect and recycle waste cooking oil.
- “Dry wipe” pots, pans, and kitchen equipment before washing.
- Use the 3-sink system.
- Maintain a routine cleaning schedule for grease traps and interceptors.
- Locate dumpsters and grease containers away from storm drains.
- Use absorbents around all storm drains.
- Keep a maintenance log and all service records.
- Use absorbents such as cat litter or paper towels to pick up oil and grease spills before mopping.
- Do not use emulsifiers or solvents other than typical dish washing detergents.

What should I do if there is a sewer spill?

- Stop the spill at its source.
- DO NOT hose-down the spill.
- Use granular absorbents to absorb the spill, then dry-sweep and dispose of used absorbents in garbage.
- If rinsing is necessary, collect the rinse water and dispose to sink or indoor drain
- Have spill cleanup materials (spill response kit) handy and let all your employees know where they are and how to use them.



What should I have in my Spill Response Kit?

Spill response kits should contain instructions to follow in case of a spill, plugs, cloths, and one bag of absorbent material, rubber gloves, and a container of sealant. Ready-made spill kits are available from several manufacturers.



Who should I notify if I have a serious sewer spill?

Should you encounter a spill that you are unable to properly contain, notify the City of Chula Vista Public Works Department at (619) 397-6000, or if it is after normal business hours notify the Chula Vista Police Department non-emergency line (619) 691-5151, they will assist you in notifying Public Works.